



KCS ATHLETICS - KNIGHTS CODE

PLAYER COMMITMENT

I have read the **KCS Athletics Handbook**. I hereby agree to be responsible and accountable to play and live by the standards presented in the **Player Code of Conduct**. If at any time I choose to not comply with any of these standards, I willingly agree to submit to the consequences referred to within. I also understand that, if warranted, I could be asked to forfeit my position on the team, and agree to willingly do so.

Player Name

Player Signature

Date

PARENT COMMITMENT

I have read the **KCS Athletics Handbook** (especially the section entitled **Expectations for Parents**). I hereby agree to abide by the standards presented and commit to assisting my child in fulfilling the commitment he/she is making to be a part of a KCS sports team. I will support the coach's decisions and employ the 48 Hour Rule when discussing any concerns with the coach. I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all. When dealing with concerns I will encourage the athlete to discuss the issue with the coach directly before involving parents. As a parent, I will follow the process of first contacting the coach, then the Athletic Director and, if the issues cannot be resolved, the Principal. If at any time I choose to not comply with any of these standards or process, I willingly agree to have my child removed from the extra-curricular activity in question.

Parent/Guardian Name

Parent/Guardian Signature

Date

COACH COMMITMENT

I have read the **KCS Athletics Handbook** (especially the section entitled **Expectations for Coaches**). I hereby agree to abide by the standards presented and understand that it is my responsibility to bring to the attention of the Athletic Director any behaviors or conduct (by players, parents or spectators) that are in conflict with the standards outlined in the KCS Athletics Handbook.

Coach Name

Coach Signature

Date

TEAM: _____ *Note: A separate form must be completed for each team.*

Received by _____ for the _____ – _____ school year.
Athletic Director Name Year Year



EXPECTATIONS FOR PARENTS

As a parent, I acknowledge the commitment my son/daughter makes to be a member of a team. I realize that he/she needs to adhere to the values, goals and policy of the school, team and coach. As a role model for my son/daughter, I agree to conduct myself in a manner that will allow the values of the school, team and coach to be achieved. Therefore, it is my responsibility to:

- Encourage my child to participate, work hard and listen to coaches.
- Praise my child for competing fairly and trying hard, regardless of the outcome of games.
- Reinforce for my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- Respect the authority of the coach during games and refrain from questioning, challenging or confronting coaches at the game site (as outlined in Parent Communication with Coaches section of the KCS Athletics Handbook).
- Model good sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators.
- Unacceptable behaviors are:
 - Booing, taunting or using profane language or gestures.
 - Yelling in a negative way at players, coaches or officials during games.
 - Yelling instructions to my child during a game.
 - Chasing coach down in the parking lot to discuss game.
 - Publicly criticize players, coaches, officials, volunteers or other parents.
- Learn the rules of the game and the policies of the league.
- Inform the coach of any physical disability, injury or ailment that may affect the safety of my child or the safety of others.
- Attempt to schedule other activities (appointments, etc.) around the team schedule.

The following issues are sensitive and should not be discussed in a negative or counterproductive manner among parents:

- Coaching strategies, tactics and styles
- Individual play of any players
- Playing time, player positions

For parents, it is important to separate their child's sports development from game emotions. For this reason, many leagues and coaches have adopted the "48 Hour Rule".

48 HOUR RULE

The 48 Hour Rule simply states that coaches will not discuss a game or situation until at least 48 hours after the fact. This important rule does two things. First, it moves the discussion away from the presence of the players. Second, it allows all parties to have time to put things in perspective and "cool off", if necessary. Parents that engage in behaviors that violate these expectations may be subject to sanctions or removal from competitions associated with a team.